

# SEPTEMBER 2023

## CASA Charter School Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday



**1**  
**School Closed**

**4**  
**School Closed**

**5**  
Hot: Swedish Meatballs over Rotini  
Cold: Turkey Croissant or Salad  
Veg: Broccoli Florets  
Fruit: Apple  
Milk

**6**  
Hot: Chicken Tenders w/ Onion Rings  
Cold: Turkey Ham & Cheese Sub or Salad  
Veg: Carrots  
Fruit: Applesauce  
Milk

**7**  
Hot: Cheeseburger  
Cold: Turkey & Cheese Wrap or Salad  
Veg: Baked Beans  
Fruit: Pineapple Tidbits  
Milk

**8**  
Hot: Hamburger Pizza  
Cold: Turkey & Cheese Sub or Salad  
Veg: Sweet Potato Fries  
Fruit: Orange  
Milk

**11**  
Hot: Cuban Melt Panini  
Cold: Turkey Ham Wrap or Salad  
Veg: Roasted Vegetables  
Fruit: Apple  
Milk

**12**  
Hot: Chicken Alfredo Rotini  
Cold: Spicy Chicken Wrap or Salad  
Veg: Broccoli Florets  
Fruit: Orange  
Milk

**13**  
Hot: Pepperoni Pizza  
Cold: Chicken Salad Wrap or Salad  
Veg: Crinkle Cut Fries  
Fruit: Pineapple Tidbits  
Milk

**14**  
Hot: Chicken & Waffles  
Cold: Turkey Ham Sandwich or Salad  
Veg: Sweet Potato Fries  
Fruit: Banana  
Milk

**15**  
**Virtual Learning Day**

**18**  
Hot: Chicken Nuggets w/ Mac & Cheese  
Cold: Turkey Ham & Cheese Sandwich or Salad  
Veg: Cucumber Slices  
Fruit: Orange  
Milk

**19**  
Hot: Spaghetti w/ Meatballs  
Cold: Turkey & Cheese Sub or Salad  
Veg: Broccoli Florets  
Fruit: Apple  
Milk

**20**  
Hot: Chicken Quesadilla  
Cold: Turkey Ham Wrap or Salad  
Veg: Italian Veggie Blend  
Fruit: Applesauce  
Milk

**21**  
Hot: Bacon Cheeseburger  
Cold: Popcorn Chicken Wrap or Salad  
Veg: Tater Tots  
Fruit: Banana  
Milk

**22**  
Hot: Supreme Pizza  
Cold: Turkey Ham Sub or Salad  
Veg: Corn  
Fruit: Orange  
Milk

**25**  
Hot: Meatball Sub  
Cold: Turkey & Cheese Sub or Salad  
Veg: Broccoli Florets  
Fruit: Orange  
Milk

**26**  
Hot: Cheesy Nachos  
Cold: Turkey Ham Sub or Salad  
Veg: Black Beans  
Fruit: Apple  
Milk

**27**  
Hot: Cheeseburger  
Cold: Chicken Salad Wrap or Salad  
Veg: Tater Tots  
Fruit: Pear  
Milk

**28**  
Hot: Cheese Stuffed Breadsticks  
Cold: Italian Wrap or Salad  
Veg: Green Beans  
Fruit: Diced Peaches  
Milk

**29**  
**Virtual Learning Day**