

# Memo

DATE: March 2, 2020

SUBJECT: Information Regarding Coronavirus (COVID-19)

TO: Parents / Guardians

FROM: Timothy Wendling, CEO/Principal / Ann Stillwater, M.Ed., RN, CSN

We are closely monitoring proven and trustworthy sources such as the PA Department of Health, The Centers for Disease Control and Prevention, and World Health Organization for information on the new coronavirus, COVID-19. **These health experts believe the risk to our community is very low at this time.**

In the meantime, we can all take precautions to prevent illnesses from spreading. These guidelines will assist in preventing COVID-19 and much more common disease risks such as influenza, the common cold, and gastro-intestinal bugs:

- Get the flu shot if you have not already.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands and wash your hands afterwards if you do touch these areas on your face.
- Avoid close contact with people who are sick.
- Keep students home when they are sick, and until fever-free for 24 hours with no fever-reducing medicines.
- Cover your mouth and nose with the inside of your elbow when you cough or sneeze.
- Clean and disinfect frequently touched objects and surfaces.

For more information, please visit the following websites:

- PA Department of Health - <https://www.health.pa.gov/topics/disease/Pages/Coronavirus.aspx>
- Centers for Disease Control - <https://www.cdc.gov/coronavirus/2019-nCoV/summary.html>

As always, we will keep you up to date with any new information we receive from the CDC or PA Department of Health.

Thank you.