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Welcome from the Nurse's Office!

Your child's health and safety are very important to the entire CASA community. COVID-19 has brought physical safety to the forefront. If your child or anyone else in the household is diagnosed with COVID-19, please inform me immediately. I will keep individual names anonymous but this information is necessary for us to perform contact tracing at CASA, if necessary.

Please complete and return the CASA 2020-2021 Health Update Form for your child's first day of school. The health information that you provide is crucial for identifying high-risk students. Please have your child submit the completed form to their homeroom teacher.

If your child needs prescription or over-the-counter medicine during the school day, please have a physician medication form completed. A new form is required each school year.

Pennsylvania requires a physical examination for all 11th grade students. Paperwork may be completed based on private exams done within one year before entry into 11th grade. This means that 10th grade students may have the form completed on exams done during 10th grade. If your child plans to get a driver's permit, a physical exam is required on the PennDOT form. Their provider can complete both forms at the same visit. If insurance coverage is an issue, please contact me for assistance. If your 11th grader has not had a physical, please make an appointment as soon as possible and have the physical form completed and returned to school before December 1, 2020. The State of Pennsylvania requires a meningitis vaccine BEFORE THE START of the school year for all 12th grade students. These are usually given during an 11th grade physical.

If your child is not feeling well at school, they are required to visit the nurse. If your child calls you directly, please remind them to visit the nurse and you will be contacted as needed or per your request.

Thank you for your assistance in fulfilling these immunization and physical requirements and keeping me updated with any health concerns. The physician medication order form, physical exam form, and CASA 2020-2021 health update forms are attached and can be found on the Parents/Students page of the CASA website.

Please contact me with any questions. Together we can navigate this new adventure--may we all have a safe and healthy school year!

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